

healthnetwork™  
Foundation  
Formerly Inventory of Skills (IOS) Foundation

# Pulse



One Call Starts It All 1-866-968-2467 | 1-440-893-0830

October 2011

## Healthnetwork Foundation: 20 Years of Changing Lives



2011 marks our 20th anniversary. To commemorate this occasion, we created a magazine filled with member stories, foundation highlights and ways for members to become more involved. It has been an honor and a privilege to assist our members with their medical issues these last 20 years, and even more impactful when we see how our foundation, along with many members, have made contributions to make medicine better for all. We look forward to our next 20 years as we continue making valuable connections for our members and our hospital partners.

The magazine will be coming to your mailbox...take a moment to read it. [Click here](#) to download a copy. We have come a long way from the very small enterprise that Bill Rowley founded in 1991. We couldn't have accomplished so much without your support. Thank you.

## Congratulations to the Healthnetwork's *Service Excellence Awards* Recipients



These awards represent research grants which are presented annually to 10 innovative physicians who demonstrate a high level of integrity and who provide compassionate care to Healthnetwork members. In the last 4 years, Healthnetwork has provided \$400,000 to 40 outstanding medical experts for their ground-breaking research. These awards exemplify our commitment to improving medicine to all society through philanthropy. These gifts bind us even closer to the very best doctors in the U.S.

[Click here](#) to see the outstanding 2011 physician recipients. Their research covers a breadth of topics from orthopedics and urologic cancer issues to pediatric neurology.

Funding for 2011 awards was graciously provided by The John A. and Marlene L. Boll Foundation.

**A special *Thank You* to The John A. and Marlene L. Boll Foundation**



This private family foundation was created by John and Marlene Boll to provide charitable assistance to deserving organizations to support education, the arts and health services. The Boll family has relied on Healthnetwork for several medical matters and Healthnetwork helped make things happen every time and provided peace of mind.

*Thank you to the entire Boll family for their commitment to fund the 2011 Healthnetwork Service Excellence Awards.*

### Hosted Home Events - a special *Thank You* to our Ambassadors



We thank you for opening your hearts and your homes to share the Healthnetwork mission with your peers and guests. As ambassadors, your belief in our Foundation and your passion for sharing our Healthnetwork GOLD invitations to your peers is inspirational.

you for your time,

We have traveled all over the country - from Oklahoma to Illinois, Louisiana and Maryland just to name a few. We are extremely grateful to passion and commitment to help us make medicine better for all.

[Click here](#) for more information on some of the events and the gracious hosts who we celebrate now as Ambassadors.

We would like to do more of these. If you are interested in hosting an event with your peers, contact Healthnetwork's Co-President Adam Kaufman at 866-968-2467 or email him at [adam@healthnetworkfoundation.org](mailto:adam@healthnetworkfoundation.org)

### ***Dr. Locke's Prescription for a Better Life***



#### **15 Symptoms Not to Ignore**

Chest pain... Shortness of breath... Headaches or abdominal pain - when do you call your doctor? Healthnetwork's Medical Director Susan Locke, M.D. explains which symptoms might require urgent medical attention.

*Healthnetwork partners with the best medical centers in the country. If you would like an appointment with a highly sought-after medical specialist for a second opinion, diagnosis or treatment, call 866-968-2467 or 440-893-0830 or email us at [help@healthnetworkfoundation.org](mailto:help@healthnetworkfoundation.org).*

### **In The News**

#### **Insurers Review Whether to Still Pay for Routine Screening**

A key government health panel has decided that healthy men should no longer receive a P.S.A blood test to screen for prostate cancer stating that it does not save lives. However, proponents

### **From Member to Ambassador**

A special *Thank you* to Healthnetwork's Ambassador Joseph Crea for nominating five of his colleagues to be considered as new Healthnetwork GOLD Supporters. Peers believe peers at every level. As an influential business

of the test including prostate cancer experts from **Cleveland Clinic, University of California, San Francisco** and **Mayo Clinic, Minnesota** disagree with this decision.

### [Simple Formula Helps Figure out Target Heart Rate](#)

If you take the time to exercise, how do you know if you're getting the most out of your time spent? Get the answer from Marc Gillinov, M.D., a heart surgeon from **Cleveland Clinic** and Healthnetwork's *Service Excellence Award* recipient.

### [Health: Negative Emotions Can Affect the Heart](#)

Depression, anxiety, anger and other so-called negative emotions have been linked to heart disease and heart attacks. Are positive emotions connected to better heart health? Researchers from **Duke University Medical Center** explain their findings.

leader, Joe's views are respected by his colleagues, and we are grateful to have these new GOLD Supporters.



Please [click here](#) to read about Joseph Crea's Healthnetwork experience.

**Joseph Crea**  
President, Benefits Resource Group  
Brecksville, Ohio  
Healthnetwork GOLD Supporter

*Dedicated to providing you and your loved ones timely medical information, facilitated access to leading physicians and world-class medical care at America's top hospitals*

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