



July/August 2010

[Forward to a Friend](#)

At Healthnetwork, we are dedicated to providing you and your loved ones timely medical information, facilitated access to leading physicians and world-class medical care at America's top hospitals.

One Call Starts It All: 866-968-2467, 440-893-0830
or email help@healthnetworkfoundation.org

We want to know what you think! An independent research firm is contacting GOLD supporters to participate in a 10-minute phone survey. Your responses will provide us the necessary information to better serve you.

A Letter from the Co-President

As philanthropy is a key component of our mission, I am happy to report the 2010 Service Excellence Award Recipients were recently approved by Healthnetwork's Board of Directors. Ten physicians are selected annually based on a high level of integrity and compassionate care they extend to Healthnetwork members. We will be providing grants to help fund the ground-breaking research being conducted by these national leaders in medicine. More on the Service Excellence Awards to come as we notify the recipients...

In times of economic uncertainty, we are more grateful than ever for the generosity displayed by Healthnetwork GOLD supporters. This month, among other news, we are celebrating several recent donations that will allow us to enhance the future experience of all members. Thank you for your commitment to Healthnetwork's continued success.

Adam R. Kaufman Sincerely,

Adam R. Kaufman
Co-President

Hospital Donations



More than ever before, members are calling on Healthnetwork to act as an advisor and recommend premier hospital programs, services, and departments for philanthropy. Healthnetwork received a generous gift with the request that it go to a cardiovascular institute on the west coast. After much consideration, the donation was given to the Cardiovascular Research Fund at **UCLA Medical Center**. This gift was made possible by the Monroe-Schuler Foundation.

Ben Ansell, M.D., (left) Director, UCLA Executive Health Program and Chairman, UCLA Cardiovascular Discovery Fund with Adam Kaufman (right), Co-President, Healthnetwork Foundation

Featured Donors:

Jamie and Robert A. Taylor & Jill and Clarence Mayer



"To all who helped me: thank you for your assistance in getting me excellent care and advice at the Cleveland Clinic. I hope you can use this donation to help others."

Robert A. Taylor, CFA

Partner, Director of International Research and Portfolio Manager; Harris Associates, LP
\$10,000 Donor to Healthnetwork's programs and services

"I very much appreciate all your good work. I am amazed at the benefits available from your organization."

Clarence Mayer

Mayer Ventures

Donor to Healthnetwork's programs and services

Healthnetwork on the Road

Healthnetwork has spent nearly 20 years connecting business leaders and their loved ones to the best medical institutions and physicians across America. Recently, members of Healthnetwork traveled to events in New Orleans, Greenwich, Detroit and Chicago with the goal of introducing qualified individuals to Healthnetwork's services. Thank you to the following members who hosted these events: Joseph Canizaro, Andre Rubenstein, and Frank Stewart; Art and Jody Bellows; Steve, Brett and David Gasper; Bruce and Kathy Carbonari and Roger and Kathryn Goddu.

If you are interested in learning more about Healthnetwork's philanthropic

initiatives, please [email Adam Kaufman](#).

Focusing on Macular Degeneration



For many older people, age-related macular degeneration (AMD) is the leading cause of vision loss and may be the likely culprit of blurred vision, difficulty recognizing faces and straight lines that appear wavy. AMD gradually destroys the sharp, central vision needed to see objects clearly, making common daily tasks such as driving nearly impossible. For more specific information Healthnetwork Medical Director Susan Locke, M.D. turned to world-renowned ophthalmologist, Neil Bressler, M.D., Chief of the Wilmer Eye Institute's Retina Division at **Johns Hopkins Hospital**. [Read more](#)

Follow Susan Locke, M.D., Healthnetwork's Medical Director, on our website as she provides a monthly [Prescription for a Better Life](#).

FDA Approves Telescope Implant for Eye



New technology is zooming in on improving eyesight for nearly 2 million Americans who suffer from advanced macular degeneration. U.S. health officials have approved a tiny telescope that can be implanted into one eye to improve central vision. Kathryn Colby, M.D. of the **Massachusetts Ear and Eye Infirmary** cautions the first-of-its-kind technology will not give "people back their 20 year-old eyes." Rather, the pea-sized device will improve vision for 90% of patients by at least two lines on the eye chart. [Read more](#)

Healthnetwork partners with some of the best ophthalmologic centers in the country. If you are looking for more information or would like to schedule an appointment with an eye specialist, please contact us at 440-893-0830, 866-968-2467 or email help@healthnetworkfoundation.org.

In the News



Healthnetwork Congratulates Partner Hospitals

The official 2010-2011 *U.S. News and World Report* hospital rankings are in and Healthnetwork partner hospitals remain among the elite. Nearly 5,000 hospitals were ranked in 16 adult specialties from neurology and heart disease to orthopedics and psychiatry.

Congratulations to all of our hospitals that remain highly ranked

and to those that made the 2010 Honor Roll. Five out of the top seven hospitals on this year's honor roll are Healthnetwork Centers of Excellence. [Click here](#) for a complete summary of the results.

Truth about Toning Shoes



The muscle toning shoe industry is flourishing! Manufacturers claim these shoes can reduce stress on the knees and back, stimulate neglected muscles, tone the lower body and increase caloric burn while standing or walking. But with some styles costing more than \$100, you may wonder if the alleged benefits are worth the price tag? Hear what David Westerdahl, M.D. of sports medicine at the **Cleveland Clinic Florida** recommends.

[Watch the story](#)

10 Symptoms Not to Ignore



Health problems may go unnoticed and undiagnosed because they either occur so frequently that no internal alarm is sounded or they hide behind the mask of non-serious ailments. Physicians from **Mayo Clinic**, **Cleveland Clinic** and more explain fatigue, frequent heartburn and back aches are just a few common symptoms that may signal health problems. [Read more](#)

Dangers of Driving Distracted



The car in front of you swerves- left, right, left again. You wonder if that's a drunk driver or something just as dangerous: a texting driver. According to **Johns Hopkins**, 4,000-8,000 crashes daily result from distracted driving, many of which are a product of cell phone usage. A recent article in the [New England Journal of Medicine](#) describes how primary care physicians have taken it upon themselves to address driving and distraction with their patients. Johns Hopkins provides tips to keep you and your loved ones safe. [Read more](#)

If you have a question about preventive health programs, a recent diagnosis or treatment options, please don't hesitate to contact us today at 440-893-0830, 866-968-2467 or email help@healthnetworkfoundation.org.

Liaison of the Month



Stephanie Ramsey, liaison at **The Christ Hospital** in Cincinnati, OH, is committed to meeting and exceeding the expectations of Healthnetwork members and staff. Her superior customer service can only be defined as effortless. She is helpful, caring and willing to go above and beyond for every request.

Thank you for making the [Cincinnati Healthnetwork](#) partnership with **The Christ Hospital** a success!

We Are Here to Help

If you have suggestions for future topics, comments, questions or you are in need of medical assistance, please drop us an email or give us a call.

866-968-2467; 440-893-0830
rachel@healthnetworkfoundation.org

[Unsubscribe](#)

866-968-2467 TOLL FREE IN US
440-893-0830 INTERNATIONAL
440-893-0831 FAX

[SUBMIT MEDICAL REQUEST](#)
HELP@HEALTHNETWORKFOUNDATION.ORG