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February 2011



Osteoporosis

Dr. Locke's Prescription for a Better Life

According to the National Osteoporosis Foundation, 44 million people in the U.S. over the age of 50 have osteoporosis. 80% of them are women. For information on risk factor modification and treatment options, Healthnetwork's Medical Director Susan Locke, M.D. turned to **Holly Thacker, M.D.**, Director of the Cleveland Clinic Center for Specialized Women's Health.

[How Strong Is Your Bone Bank?](#)

Healthnetwork on the Road

Healthnetwork recently provided two outstanding medical resources for members in Florida. **Dr. A. Marc Gillinov**, Cardiac Surgeon at the Cleveland Clinic, spoke to a room full of Ocean Reef residents in Key Largo about advances in heart disease.

Several hundred miles north, **Dr. Robert M. Palmer**, noted geriatrician, engaged a room full of Boca Grande residents with important tips for "aging well." If you are interested in securing a medical resource from one of Healthnetwork's top-ranked hospitals, please [email Katie](#).

[Click here](#) to see photos from the events.



Linda Falk
Key Largo, Florida
Healthnetwork GOLD Supporter

Finally, Answers

"Every day I felt worse. My health was deteriorating, but my doctors couldn't figure out what the problem was and my mind was left to imagine the worst. Fortunately, I was put in touch with Megan, Healthnetwork Medical Coordinator, who rolled out the red carpet treatment. She was very knowledgeable and took me through my options of some of the best diagnostic hospitals in the country. Together we decided I would visit the Mayo Clinic in Rochester." [Read More](#)

In The News

- Oncologists from MD Anderson Cancer Center and Cleveland Clinic weigh in on when to see a cancer specialist. [Read More](#)
- Researchers at UCSF Medical Center and Mayo Clinic discuss possible blood test to diagnose Alzheimer's Disease. [Read More](#)
- Can you read your doctor's handwriting? Chances are if you can't read it, your pharmacist may not be able to either. [Click Here](#) for 20 tips to avoid medical mishaps.

Liaison of the Month

M. Jackie Gonzalez, liaison at Cleveland Clinic Florida, exudes a passion for customer service that is second to none. She works late, comes in early, and is often seen rushing to meet Healthnetwork members, whom she affectionately refers to as "family." Being in a hospital can be stressful and intimidating, but with Jackie never more than a phone call away, Healthnetwork members can rest assured all of their needs will be addressed.



Interested in nominating a liaison? Please [email Rachel](#).

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