

Pulse



April 2010

At Healthnetwork, we are dedicated to providing you and your loved ones up-to-date medical information, facilitated access to leading physicians and world-class medical care at America's top hospitals.

One Call Starts It All: 866-968-2467 or 440-893-0830
or email help@healthnetworkfoundation.org

Each year grateful families donate to Healthnetwork in support of our philanthropic initiatives. Through Healthnetwork's annual Service Excellence Awards, for example, recipients are provided a research grant to fund his or her ground-breaking research. This month we are featuring 2009 recipient, **Charis Eng, MD, PhD, FACP**, Chair and Founding Director of the Genomic Medicine Institute at the Cleveland Clinic and recent appointment to the U.S. Department of Health and Human Services' Secretary's Advisory Committee on Genetics, Health and Society (2009-2013).

Genetic Testing Uncovered



Genetic testing looks for changes in a person's genes that may account for illness or disease. When a mutation in a gene occurs, one's risk for developing a disease is impacted. By locating the affected gene, diagnoses become more accurate and the process of personalizing healthcare begins.

Genetics 101: The Egg, The Yolk and You

Dr. Charis Eng, Cleveland Clinic, with Adam Kaufman, Co-President of Healthnetwork Foundation

Featured Donors: David and Anne Nordstrom



"One bad mammogram and I fell victim to our healthcare system. There was a constant worry about whether or not I had breast cancer and my care was being directed by the last person to see me with no one overseeing my entire case. Frustrated and anxious, I called Healthnetwork. Frankly, after 18 months of disaster, it was a relief to know Healthnetwork quickly had everything under control. They even contacted the world-renowned geneticist, Dr. Charis Eng, **Cleveland Clinic**, to seek her feedback on which physicians I should see." **Read Anne's Story**

David and Anne Nordstrom
Cedar Rapids, IA
Healthnetwork GOLD Supporters

If you have questions on genetic testing or would like to schedule an appointment with a genetic counselor, call 866-968-2467, 440-893-0830 or email help@healthnetworkfoundation.org.

Healthnetwork on the Road

Healthnetwork has spent nearly 20 years connecting business leaders and their loved ones to the best medical institutions and physicians across America. Recently, Healthnetwork began planning events with individual members with the goal of introducing qualified individuals to Healthnetwork's services. Thank you to the following members who will be hosting events in the upcoming months:

Hosts Andre Rubenstein, Joseph Canizaro and Frank Stewart
New Orleans, LA
May 4, 2010

Host Art Bellows
Greenwich, CT
May 26, 2010

Hosts David and Steve Gasper
Detroit, MI
June 2, 2010

Hosts Bruce Carbonari and Roger Goddu
Chicago, IL
June 24, 2010

If you would like to discuss hosting an event in your community, contact Adam Kaufman at 866-968-2467, 440-893-0830, or adam@healthnetworkfoundation.org.

Health News You Can Use

Gene Alters Risk of Alzheimer's Disease

Mayo Clinic researchers have discovered a gene responsible for the promotion of, or protection against, Alzheimer's Disease. Too little expression of insulin-degrading enzyme (IDE) in the brain appears to promote the disease. This novel discovery may provide a different and powerful approach to understanding the development of Alzheimer's.



Gene Test Can Identify Bits of Cancer in Blood

A simple blood test could help your doctor determine whether or not a treatment for cancer is working and if not, how to proceed. Dr. Bert Vogelstein of **Johns Hopkins** explains that physicians could take a personalized approach to treatment; some cancer patients would be spared unnecessary radiation while others would be offered a more aggressive therapy.

Do you have a medical request?

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A Special Thank You To...

Healthnetwork would like to recognize the superior efforts of our GOLD liaison: **Carolyn Smith-White** of **UCSF Medical Center**.

Members often rave about your pleasant nature, efficiency and wealth of knowledge. You are always "very easy to

work with." Whether you are compiling medical information or scheduling an appointment, your promptness and thoroughness has been commended by Healthnetwork medical coordinators and members alike.

Thank you for going above and beyond every day.

Apple, Berry or Palm?

What phone are you using right now? **Click here to take our poll.**



Want to share this information with your spouse? **Click here to sign them up.**

We Are Here to Help

If you have suggestions for future topics, comments, questions or you are in need of medical assistance, please drop us an email or give us a call.

We look forward to hearing from you: 866-968-2467, 440-893-0830 or rachel@healthnetworkfoundation.org

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